

DR CHRIS MOSS

MBBS, DIP. ANAT., FRACS (PLAST.)
COSMETIC PLASTIC SURGEON

FACIAL REJUVENATION

FACIAL REJUVENATION IS AN INVESTMENT IN BOTH YOUR HAPPINESS AND YOUR CAREER

We are now living longer and healthier lives, so why shouldn't we look as young as we feel.

"Many patients who come to me for a Facelift do so because they feel they're losing their competitive edge at work," says Dr Chris Moss. "A common complaint is that their colleagues or family comment on how tired or stressed they look when this is not how they feel."

Dr Moss is a specialist Cosmetic Plastic Surgeon whose area of expertise is Facial Rejuvenation and Rhinoplasty (nose) surgery. He is experienced in a complete range of safe, effective and up-to-date Facelift and Rhinoplasty techniques. "Modern understanding of facial ageing has shown that the main cause of an aged appearance in the face and neck is sagging of the tissue layer underlying the skin. Surgeons call this deep tissue layer the SMAS," says Dr Moss. For the highest quality and longest lasting results, this sagging deep SMAS layer must be lifted and re-supported, in addition to removing any excess skin, he explains.

Dr Moss' role as a surgeon is to select the overall Facelift plan that will best satisfy each individual patient's needs. Many patients' concerns are fully satisfied with the Short Incision SMAS Facelift, which involves only 90 minutes of surgery. This generally suits a younger person or one with less signs of facial ageing. For others, with more advanced signs of facial and neck ageing, the Full SMAS Facelift will be more appropriate. In some patients, a harmonious and balanced rejuvenation requires the addition of an ancillary procedure, such as Eyelid Surgery, a Temple Lift or advanced Fat Cell Grafting techniques for deflated areas of the face.

These Facelift techniques are designed to restore a refreshed, rested and more youthful appearance while completely avoiding "the operated look".

Patients are usually back to work two weeks after the Short Incision SMAS Facelift and three weeks after the Full SMAS Facelift.



Dr Chris Moss

Dr Moss is a member of the Australian and American Societies of Plastic Surgeons, a Fellow of the Royal Australasian College of Surgeons, and a member of the Australian, International and American Societies of Aesthetic Plastic Surgery

In 1996, Dr Moss conducted 12 months of research on facial anatomy which was later published in the renowned American plastic surgery journal, *Plastic and Reconstructive Surgery*. This research improved the understanding of the deep support structures (SMAS) of the face and documented surgical techniques which provide improved safety and results.



Actual patient who has had a Full SMAS Facelift performed by Dr Moss. Results may vary from person to person.



Actual patient who has had a Short Incision SMAS Facelift performed by Dr Moss. Results may vary from person to person.

FOR MORE INFORMATION:

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