

Surgery lifts away years

SUELLEN HINDE

A TWO-HOUR “quickie” facelift has fuelled a massive boom in cosmetic surgery, according to the Australian Society of Plastic Surgeons.

Demand is booming for the procedure among people in their 40s and 50s.

The popularity of breast reductions and body lifting have contributed to a 50 per cent increase in cosmetic surgery operations in two years.

When performed by a qualified plastic surgeon, the two-hour facelift costs about \$12,000 to \$14,000.

Toorak plastic surgeon Dr Christopher



Angela: Before

Moss is an expert on the procedure, known as the short-incision SMAS facelift.

Dr Moss said while the procedure was not for everyone, many people preferred it.

“It doesn’t look like



Angela: After

your skin has been stretched across your face,” he said. “It is not about lifting the skin and making it so tight that it is obvious.

“It involves making a short incision near the ear and hairline and

then lifting the sagging deep tissue and securing it with internal stitches.

“And we also remove the fat off neck.

“It can take a patient back to where they were 10 or 15 years ago.”

Portsea resident Angela Grantham, 55, had the procedure last year.

She said after the operation there was a little bruising near her ears, but her long hair covered it and it went away after a few weeks.

“There is a stigma about facelifts, but there shouldn’t be, (after all) women colour their hair and nobody says anything.

“I don’t mind speaking about it if it helps women to feel better about themselves.

“I feel fantastic.”